

Co-Curricular at Penola Catholic College

Penola Catholic College seeks to develop its students in all aspects of life – not only academically but also physically, spiritually, culturally and socially. The Co-curricular program is an essential part of a full school life, offering opportunities beyond the classroom for students:

- To develop their personal skills in a range of service and leisure activities which they can continue into adult life.
- To make a significant contribution to the wider life of the College
- To gain experience in leadership and in working within a team to achieve a common goal.

We encourage every student to commit to at least one activity during the year. Recognition of each student's involvement is recorded on Semester Reports.

Some senior students may be tempted to present study commitments as an excuse for not participating in Co-curricular activities. Such an attitude is generally mistaken; it is a widely accepted truth in schools that students who have a full life outside the classroom tend to perform better academically. The aim is to get the balance between classroom commitments and co-curriculum right for the individual. While some can enjoy a range of extra activities without adversely affecting their class work, for others one may be sufficient. It is important to be realistic about our strengths and limitations.

Further information about each term's activities will appear in the College Daily Bulletins and in Newsletters. Students who have difficulties or queries at any time should see the teacher in charge of the activity.

Finally – to get the most out of your chosen activities, remember the following:

- Honour your commitment by attending on time each week and doing what is required.
- Never abandon an activity without giving it a fair go for at least one term.
- Any commitment to a team should be for the total length of the activity.
- If problems arise talk to the staff member in charge.
- Give the activity your best at all times. Try to make it work.
- Have a great time!

If you have any ideas for new activities or clubs, your input would be most welcome. You can either see me directly or go through your PSC representatives.

Mrs Belinda Carbone
Co-curricular Co-ordinator

Table of Contents

Creative Arts	
Instrumental Music Program	8
Junior Concert Band	9
Senior Concert Band	9
College Vocal Groups	10
Contempory Music Workshops	10
Song Production Club	11
String Ensemble	11
College Production	12
Drama / Dance Club (Junior & Senior)	12
Arts Club – Glenroy	13
Year 10 Ball / Ballroom Dance	13
Arts Explorers' Club	14
Fashion Awards Australia	14
Visual Arts – Art Retreat	15
Ceramics Club	15
Service & Spirituality	
Sacramental Program	17
Penola Student Council (PSC)	17
REMAR	18
Glenroy Campus Youth Group	19
Broadmeadows Campus Youth Group	19
Penola Ministry Band	20
Environmental Action Team	20
Clubs & Societies	
Guitar Club	22
Sci Fi Club	22
VCE Biology Study Group – Broadmeadows	23
Science Club – Glenroy	2
Literature Revision Sessions	22
English Excellence Club – Broadmeadows	24
Year 12 English 40+ Club – Broadmeadows	25
English Catch Up Club – Glenroy	25
Chess Club – Broadmeadows	26
Italian Language Club – Glenroy	27
Italian Language Club – Broadmeadows	27
Japanese Language Club – Glenroy	28
Japanese Language Club – Broadmeadows	28

Student Handbook

29

29

French Language Club – Glenroy

French Language Club – Broadmeadows

Homework Club – Glenroy	30
Australian Stock Exchange – Schools Share Market Game	30
Student Services Catch Up Club	31
Mathematics Club – Broadmeadows	31
Mathematics Club – Glenroy	32
Anime Club	32
Breakfast Club – Glenroy	33
Breakfast Club – Broadmeadows	33
Cake Decorating Club – Broadmeadows	34
Accelerated Year 7 & 8 Food Club	34
Year 12 Study Club	35
Humanities Coaching	35
VCE & VET IT Masterclass	36
EAL Homework Club	36
VCAL Toolkit Club	37
Physics Club	37
Chemistry Club	38
Chemistry Basics	38
Psychology Catch Up Club	39
History Club	39
STEM Club	40
Curious Minds in Science	40
Enrichment & Personal Development	
Sister School Cultural Exchange – Language and Cultural Tour of Japan	42
Sister School Cultural Exchange – Language and Cultural Tour of Italy	42
Sister School Cultural Exchange – Language and Cultural Tour of France	43
Sister School Cultural Exchange – Homestay Hosting	43
Italy Art Tour	44
Classical Studies Tour	44
Seasons for Growth	45
Mother's Day / Father's Day Breakfast	45
The Duke of Edinburgh's International Award	46
Sport & Outdoor Activities	
SACCSS (Sports Association Catholic Co-Educational Schools) Major Carnivals	48
SACCSS Premier League	48
Public Speaking & Debating	
Alliance Française Competition	50
DAV Debating	50

Activities offered at the Glenroy Campus

- Accelerated Year 7 & 8 Food Club
- Arts Club
- Breakfast Club
- Board Games Club
- College Production
- College Vocal Group Junior Voices
- Concert Band Junior
- Contemporary Music Workshops
- Drama / Dance Club
- English Catch Up Club
- Environmental Action Team
- French Language Club
- Homework Club
- Humanities Coaching
- Instrumental Music Program
- Italian Language Club
- Japanese Language Club
- Mathematics Club
- Penola Student Council
- Premier League
- SACCSS Sport
- Sacramental Program
- Science Club
- Seasons for Growth
- Song Production Club
- String Ensemble
- Student Services Catch Up Club
- Youth Group

Activities offered at the Broadmeadows Campus

- Alliance Française Competition
- Anime Club
- Arts Explorers' Club
- Australian Stock Exchange Share Market Game
- Breakfast Club
- Cake Decorating Club
- Ceramics Club
- Chemistry Basics
- Chemistry Club
- Chess Club
- Classical Studies Tour
- College Production
- College Vocal Group Senior Voices
- Concert Band Senior
- Contemporary Music Workshops
- Cultural Exchange *Homestay Hosting*
- Curious Minds in Science
- DAV Debating
- Drama / Dance Club
- Duke of Edinburgh's International Award
- EAL Homework Club
- English Excellence Club
- Environmental Action Team
- Fashion Awards Australia
- France Language and Cultural Tour
- French Language Club
- Guitar Club
- History Club
- Humanities Coaching

- Instrumental Music Program
- Italian Language Club
- Italy Art Tour
- Italy Language and Cultural Tour
- Japanese Language Club
- Japan Language and Cultural Tour
- Literature Revision
- Mathematics Club
- Ministry Band
- Mother's Day / Father's Day Breakfast
- Penola Student Council
- Physics Club
- Premier League
- Psychology Catch Up Club
- REMAR
- SACCSS Sport
- Sacramental Program
- Sci Fi Club
- Seasons for Growth
- Sport lunchtime activities
- STEM Club
- Student Services Catchup Club
- VCAL Toolkit Club
- Visual Arts Art Retreat
- VCE & VET IT Masterclass
- VCE Biology Study Group
- Year 10 Ball / Ballroom Dance
- Youth Group
- Year 12 English 40+ Club
- Year 12 Study Club



Instrumental Music Program

Length of Activity All year

Campus Broadmeadows & Glenroy

Meeting Times Monday – Friday during school hours. Lesson times are rotated weekly.

General Description Learning a musical instrument is a fun and rewarding experience. Our Instrumental Music

Program provides students the opportunity to learn a musical instrument with specialist

instrumental tutors.

We offer a wide range of instruments to learn including:

Woodwind: Flute, Clarinet, Oboe, Alto Saxophone, Tenor Saxophone

 ${\tt Brass: Trumpet, Trombone, French\ Horn, Tuba}$

Strings: Violin, Viola, Cello, Double Bass

Guitar: Electric, Acoustic, Bass

Piano/Keyboard

Voice Drum Kit

Details of Activity Students receive a weekly 30-minute lesson in a private or group setting.

Cost Individual lessons (30 minutes): \$280 per term

Group lessons (30 minutes): \$220 per term VCE units 1-4 lessons (45 minutes): \$280 per term

Hire instrument: \$250 per year

Group Size Private and small group lessons available

Activity Convenor(s) Mrs Arney, Mrs Hatherell and all Instrumental Music

Junior Concert Band

Length of Activity All year

Campus Glenroy

Meeting Times Lunchtime – Tuesday CAM115

General Description Concert Bands are an ideal way for children to learn music skills and have an enriching

social experience. Students at Penola will not only be given musical tuition on their preferred woodwind, brass or percussion instrument, they also take part in a weekly rehearsal and have the opportunity to share visits with other school bands, and to participate in outside performances and band festivals. Any student in Year 7 & 8 is

welcome to become a member of this group.

Details of Activity Students must commit to the band for a full year and be able to attend all rehearsals,

camps and performances. Students must also enrol in the instrumental program for

lessons on their instrument.

Cost Purchase / hire of instrument and tuition fees for Instrumental Program apply

Group Size Depending on the enrolments for the year

Activity Convenor(s) Mrs Hatherell, & Mr Dixon

Senior Concert Band

Length of Activity All year

Campus Broadmeadows

Meeting Times Lunchtime – Wednesday Auditorium

General Description Any student who can play an instrument to at least a Grade 3 level is welcome to audition

to become a member of this group

Details of Activity Students must commit to the band for a full year and be able to attend all rehearsals,

camps and performances. Students must also enrol in the instrumental program for

lessons on their instrument.

Cost Purchase / hire of instrument and tuition fees for Instrumental Program apply

Group Size Depending on the enrolments for the year

Activity Convenor(s) Mrs Arney & Ms Newbery

Co-curricular Program 2022

College Vocal Group - Junior & Senior Voices

Length of Activity All year

Campus Glenroy & Broadmeadows

Meeting Times Tuesday lunchtime – Broadmeadows Auditorium

Tuesday lunchtime – Glenroy CAM109

General Description Anybody who enjoys singing will enjoy being part of this group that performs on a regular

basis, goes on camps, attends special singing workshops and much more! You will take

part in the vocal festival, vocal nights and concerts.

Details of Activity Students must commit for a full year and be able to attend all rehearsals, camps and

performances. All students who have private vocal lessons are required to be part of the

Penola Voices.

Cost Nil

Group Size No minimum

Activity Convenor(s) Mrs Arney & Mrs Hatherell

Contemporary Band Workshops

Length of Activity All year

Campus Glenroy & Broadmeadows

Meeting Times Lunch time / before / after school (depending on availability of staff) 1/2 hour per week (per

group over course of the year)

General Description Anybody who has some proficiency on keyboards, guitar, drums, bass guitar or voice, has the

opportunity to be part of one of the numerous school bands. You will also learn more about PA systems, how to set up a band for performance and much more. We also encourage brass

and woodwind in each band.

Details of Activity We have the annual 'Battle of the Bands' inter school competition. Students also perform

at assemblies, lunch concerts and many other occasions

Cost Nil

Group Size By invitation to program – no minimum

Activity Convenor(s) Mrs Arney, Mrs Hatherell, Mr Erickson and Mr Stivala

Song Production Club

Length of Activity All year

Campus Glenroy

Meeting Times Monday – lunchtime CAM109

General Description Students will be composing and producing their own songs lyrically and musically using

Ableton Live.

Details of Activity Students will meet and work in teams to produce songs. The aim is that we get Penola

airplay and exercise the process of producing songs from start to finish $% \left(1\right) =\left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left(1\right) +\left(1\right) \left(1\right)$

Cost

Group Size 6 maximum

Activity Convenor(s) Mr Alberto

Sting Ensemble

Length of Activity All year

Campus Glenroy

Meeting Times Lunchtime / after school - TBC

General Description Provides students with an opportunity to develop their music skills, performances

Details of Activity Students learning violin, viola, cello or double bass have the opportunity play in a small

ensemble setting.

Cost Nil

Group Size Minimum 3

Activity Convenor(s) TBC

College Production/s Junior & Senior

Length of Activity Terms 1 - 3

Campus Broadmeadows & Glenroy

Meeting Times Wednesday & Thursday after school until 5pm (as required on rehearsal schedule) – may

require some weekend rehearsals and attendance at Performing Arts Camp

General Description Students rehearse over a period of months to create/perform a musical/theatre

production.

Details of Activity As above

Cost approx. \$250.00 (Performing Arts Camp)

Group Size Minimum 30

Activity Convenor(s) Mrs Arney, Ms Dalli & Mrs Hatherell

Drama / Dance Club Junior & Senior

Length of Activity All year

Campus Broadmeadows & Glenroy

Meeting Times 1-1/2 hours per week lunchtime / after school plus possible school holiday rehearsals and

performances.

General Description This is a student based group led by Performing Arts Captain and/or other dedicated

student leaders. Students devise, create and perform theatre performances throughout the

year.

Details of Activity As above

Cost Nil

Group Size Minimum 5

Activity Convenor(s) Ms Hosking & Performing Arts Captain

Co-curricular Program 2022

Student Handbook

Arts Club - Glenroy

Length of Activity Terms 2 & 3

Campus Glenroy

Meeting Times Lunchtimes - Wednesday

General Description To explore a range of art / design processes

Details of Activity Arts related activities – Drawing, Painting, Ceramics, Sculpture, own work

Cost Nil

Group Size Minimum 10 – Maximum 15

Activity Convenor(s) Mr Boland and Mr Jacuta

Year 10 Ball / Ballroom Dancing

Length of Activity 7 – 10 weeks

Campus Broadmeadows

Meeting Times Ball Committee – approximately 4 meetings at lunchtime

Ball Decorating Committee – total of 3 – 4 nights after school (2 hours each night) plus

approx. 16 hours for decorating/table arrangements etc.

General Description Offers all Year 10 students an opportunity to learn ballroom dancing – approximately 12

dances. They experience a sense of occasion and formality. The students also engage in a

Father Daughter or Mother Son dance

Details of Activity Practices will take place during PE classes including 2 parent practices after school. Parents

are encouraged and most welcomed to participate in the ball

Cost Approximately \$140 for students & parents to attend the ball. PE department pays for

lessons

Group Size Maximum - unlimited

Activity Convenor(s) Year 10 Co-ordinators

Co-curricular Program 2022

Student Handbook

13

Arts Explorers' Club

Length of Activity One excursion per term

Campus Broadmeadows

Meeting Times Lunchtimes and activities take place after school, on weekends and some evenings

General Description If you are interested in the Arts, but rarely have the opportunity to explore them, the Art

Explorers Club is for you. You will have the opportunity to visit galleries, design studios, production houses and the theatre. Our excursions take place after school and on weekends where you have the chance to view special exhibitions, sculpture gardens and

city architecture.

Details of Activity Some examples of excursions that have taken place in the past include: Picasso Exhibition,

Federation Square, 50 years of Television, Flinders Lane, Heide Museum of Modern Art,

Circus Oz and the World of Fashion by Jean Paul Gaultier at the NGV.

Cost Varies from \$5 to \$30 per excursion

Group Size 30 students

Activity Convenor(s) Mr Hussey

Fashion Awards Australia

Length of Activity One term

Campus Broadmeadows

Meeting Times 1 – 2 hours per week lunchtimes and after school – Terms 2 & 3

General Description Fashion Awards Australia gives secondary students the opportunity to design and

construct a garment for a particular category (categories yet to be announced). The students have the opportunity to model their own designs in a formal fashion show in

 $front\ of\ an\ audience\ which\ includes\ fashion\ industry\ representatives.$

Details of Activity As above

Cost Some the cost to be funded by Textiles Department and Students

Group Size Minimum 10 / Maximum 25

Activity Convenor(s) Mrs. H. Dimitriou, Mrs. M Farah, Ms Kangalis

Visual Arts Retreat

Length of Activity 4 days

Campus Broadmeadows (Years 11 and 12 Visual Arts students only)

Meeting Times N/A

General Description This tour focuses on the Visual Arts and is offered to Year 11 and 12 students only. It is aimed

to extend understanding of the Visual Arts of different social and cultural groups through

art activities and visiting Art Galleries.

Details of ActivityTo be announced

Cost Approximately \$500 (depending on numbers)

Group Size 20 – 30 students

Activity Convenor(s) Mr Hussey

Ceramics Club

Length of Activity Terms 2 & 3 (possibly Term 4)

Campus Broadmeadows

Meeting Times Thursday – lunchtime NOLoo1

General Description Students explore several hand building and casting techniques including firing and glazing

of finished artworks

Details of Activity

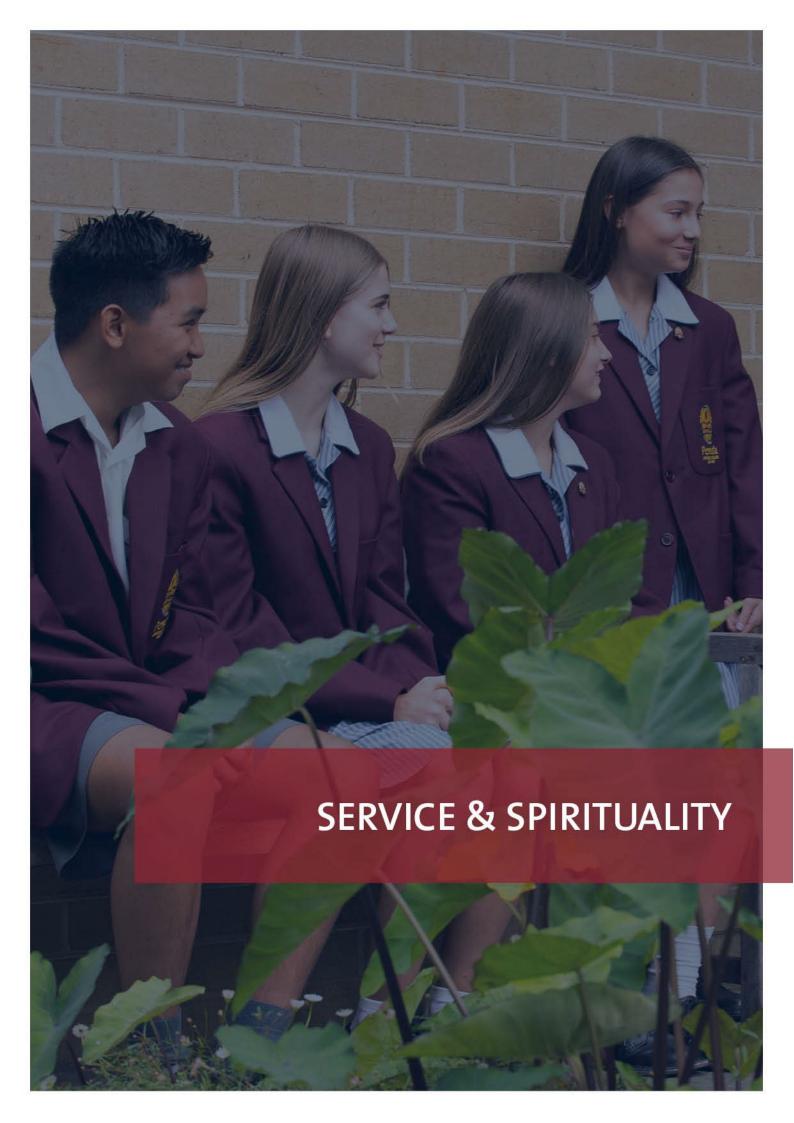
Cost Nil

Group Size Maximum 12 students

Activity Convenor(s) Mr Hussey

Co-curricular Program 2022

15



Sacramental Program

Length of Activity Terms 2 - 3

Campus Glenroy & Broadmeadows

Meeting Times After school, daytime, weekends

General Description This program offers those students who, for a variety of reasons, have not received the

Sacraments of Reconciliation, First Eucharist and Confirmation the chance to do so in a

program run at school in conjunction with our local parishes.

Details of Activity Students will attend classes each week learning specific things to ensure they are well

prepared to receive their sacraments and also get to know their parish better.

Cost Approximately \$30.00

Group Size Minimum 5 students

Activity Convenor(s) Mr Dullard

Penola Student Council (PSC)

Length of Activity Elected students attend a camp in Term 4 of the year prior to their position

Campus Broadmeadows and Glenroy

Meeting Times Lunchtimes, weekends, after school, infrequently during class time

General Description The PSC is comprised of the College Captains, Vice Captains and representatives from each

level. Two representatives are elected from each year level. The PSC represent ideas and suggestions of the College community. They meet regularly to discuss and act upon the issues which will enhance the school life of students. This is a very active and committed group. Issues that the PSC discuss on a yearly basis are: casual days, fundraising events, social events, charitable donations, student sponsorships, learning environment issues and

all matters pertaining to the College.

Details of Activity Student leadership, planning, advocacy, consultancy

Cost Nil

Group Size 25 - 30

Activity Convenor(s) Ms Perkins

REMAR

Length of Activity Up to three years' involvement at Years 10, 11, 12

Campus Broadmeadows

Meeting Times Year 10 Red Caravel – Fortnightly after school 3.40 – 5.00 pm

Year 11 Blue Caravel – Fortnightly after school $3.40-5.00~\rm pm$ Year 12 Gold Caravel – Fortnightly after school $3.40-5.00~\rm pm$

General Description REMAR is a nationwide and international movement which involves students from Year 10

to 12. The focus for REMAR is providing opportunities for young people in leadership, personal and spiritual development and ministry activities in the wider community. It is voluntary and each Caravel (year group) is guided through the 3-year journey by adult

helms people.

Details of ActivityLeadership – organising and planning activities, fundraising, running meetings, retreat

experiences and camps each year with other schools participating in the movement.

Pastoral – Peer leadership, staff mentoring.

Service to Others - students may involve themselves in assisting others within the

community through volunteer positions and contributing to the life of the College

Commitment - to gain the full benefit of the program, students and families must be

committed to the camps and meetings.

Cost Whilst the College covers the associated schools REMAR levy for resources, publications and

staff in-services, students and families are expected to cover the cost of camps and social

activities. This will vary from year to year.

Group Size Approx. 15 – 20 rowers (Students) per caravel

Activity Convenor(s) REMAR Co-ordinator – Mr Dullard

Glenroy Campus Youth Group

Length of Activity All year

Campus Glenroy

Meeting Times Lunchtime

General Description A faith based youth group that provides lots of opportunity for reflection and

also, lots of fun!

Details of Activity Youth Group is held on the Glenroy Campus weekly at lunchtime

Cost Nil

Group Size N/A

Activity Convenor(s) Mr Mein

Broadmeadows Campus Youth Group

Length of Activity All year

Campus Glenroy

Meeting Times Lunchtime

General Description A faith based youth group that provides lots of opportunity for reflection and

also, lots of fun!

Details of Activity Youth Group is held on the Glenroy Campus weekly at lunchtime

Cost Nil

Group Size N/A

Co-curricular Program 2022

19

Activity Convenor(s) Mr Mein

Penola Ministry Band

Length of Activity As long as you wish to continue

Campus Broadmeadows

Meeting Times Meet and rehearse one afternoon per week after school

General DescriptionBand that is particularly focussed on learning Christian based music to support praise and

worship and liturgical programmes within the College

Details of ActivityRehearse 1 afternoon per week after school and have a 1 day retreat at the start of each year

Cost Nil

Group Size N/A

Activity Convenor(s) Mr G Mein and Mr J Mein

Environmental Action Team

Length of Activity TBC

Campus Glenroy and Broadmeadows

Meeting Times TBC

General Description A team of young people interested in learning about environmental issues and responding

with action. Activities will involve sustainability initiatives on campus and in the local

community.

Details of Activity As above

Cost Nil

Group Size Minimum 4, maximum unlimited

Co-curricular Program 2022

Student Handbook



Guitar Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Tuesday lunchtime PACoo2

General Description Beginners class – basic chords. Singing, basic music theory

Details of Activity As above

Cost Nil

Group Size TBA

Activity Convenor(s) Mr Carpenter

Sci Fi Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Once a term – after school

General Description Meet up with Likeminded, imaginative people wishing to explore the world of Science

Fiction, Superheroes and make friends

Details of Activity Students to meet and discuss Sci Fi topics

Cost Nil

Group Size TBA

Activity Convenor(s) Mr Allen

Co-curricular Program 2022

22

VCE Biology Study Group - Broadmeadows

Length of Activity Terms 1, 2 and 3

Campus Broadmeadows

Meeting Times Tuesday – lunchtimes TEW002

General DescriptionTo promote Science learning through more flexible and hands on activities, experiments

and fun activities. Students also learn skills of designing an experiment and scientific

diagrams. This club is run separately in Biology and Chemistry.

Details of Activity Conducting experiments

Making models

Field studies – Ecology Create a Science Magazine

Homework

Cost Nil

Group Size 10 - 20

Activity Convenor(s)Mrs AdamsAssistantMrs O'Hare

Science Club - Glenroy

Length of Activity Terms 1, 2 and 3

Campus Glenroy

Meeting Times Wednesday – lunchtime CAMoo3

General Description Students will have the opportunity to work on their own projects to be entered into

statewide science competitions. Across the year these opportunities will include Science

Talent Search and Tournament of the Minds.

Details of Activity Lunchtime activities

Cost Nil

Group Size Minimum 10 – Maximum 20

Activity Convenor(s) Dr Trapani

Co-curricular Program 2022

23

Literature Catch Up & Revision Sessions

Length of Activity All year

Campus Broadmeadows

Meeting Times Lunchtime – Monday LKE104

General Description Revision class for Year 10 – 12 Literature

Details of Activity Essay feedback, reinforcement of key course details

Cost Nil

Group Size maximum 26

Activity Convenor(s) Ms Saddington

English Excellence Club - Broadmeadows

Length of Activity All year

Campus Broadmeadows

Meeting Times Twice weekly during lunchtimes.

General Description Students from Years 9 to 12 will be able to access English assistance and develop their skills.

Details of Activity Staff will be available to give extra assistance and tutoring where required and to guide

students with any English work including homework. Students may eat their lunch while

they work.

Cost Nil

Group Size x

Activity Convenor(s) Mrs Tully

Year 12 English 40+ Club - Broadmeadows

Length of Activity All year

Campus Broadmeadows

Meeting Times One lunchtime per week

General Description High-achieving and aspirational students from Year 12. Evidence of achievement required

for involvement.

Details of ActivityThis club will allow high-achieving students of English to form a study and extension

group to develop their understanding and expertise of texts and skills. Selection criteria apply. Student-centred club, where discussion points, activities etc. are determined by the students, with teachers working in a mentoring capacity. Students will access higher-order analytical, written and oral skills required for achieving a high Study Score in English.

Students may eat their lunch while they work

Cost Nil

Group Size x

Activity Convenor(s) Mrs Tully

English Catch Up Club – Glenroy

Length of Activity All year

Campus Glenroy

Meeting Times Thursday lunchtime

General Description Students from Years 7 and 8 will be able to access English assistance and develop their

skills.

Details of Activity Staff will be available to give extra assistance and tutoring where required and to guide

students with any English work including homework. Students may eat their lunch while

they work.

Cost Nil

Group Size ×

Activity Convenor(s) Mr Ahmar & Ms Farah

Chess Club - Broadmeadows

Length of Activity All year

Campus Broadmeadows

Meeting Times ERC at Lunchtimes : Monday, Wednesday & Friday

General Description Fun and personal development. The chess club also leads to participation in the SACCSS

Chess Tournament.

Details of Activity Open to all students

Cost Nil

Group Size Up to 16 students

Activity Convenor(s) Mr Hajjar

Italian Language Club - Glenroy

Length of Activity All Year

Campus Glenroy

Meeting Times Friday - lunchtime

General Description LOTE Club – social events, language use encouraged, cooking, food days, games, E-pals.

Details of Activity As above

Cost Nil

Group Size Depending on interest

Activity Convenor(s) Ms Shkembi & Italian teachers

Italian Language Club - Broadmeadows

Length of Activity All Year

Campus Broadmeadows

Meeting Times Tuesday & Wednesday – lunchtimes

General Description Speaking practice and language development.

Details of Activity As above

Cost Nil

Group Size Depending on interest

Activity Convenor(s) Teachers of Italian

Co-curricular Program 2022

27

Italian Language Assistants

Japanese Language Club - Glenroy

Length of Activity All Year

Campus Glenroy

Meeting Times Monday - Day 6 - lunchtime CAM118

General Description Students will meet one lunchtime per fortnight and participate in activities related to

Japanese

Details of Activity As above

Cost Nil

Group Size Minimum 5 – Maximum 20

Activity Convenor(s) Ms Irihama

Japanese Language Club - Broadmeadows

Length of Activity All Year

Campus Glenroy

Meeting Times Tuesday - lunchtime No10

General Description A relaxed environment in which students can seek support in their Japanese language

learning, practise Japanese language skills and make origami.

Details of Activity As above

Cost Nil

Group Size Minimum 10 – Maximum 20

Activity Convenor(s) Ms Carr

French Language Club - Glenroy

Length of Activity All Year

Campus Glenroy

Meeting Times Wednesday lunchtime CAM106

General Description Social Events, language development, cooking games, etc.

Details of Activity As above

Cost Nil

Group Size Depending on interest

Activity Convenor(s) Ms Nahas & Mr Verite

French Language Club - Broadmeadows

Length of Activity All Year

Campus Broadmeadows

Meeting Times One lunchtime per week

General Description Speaking practice and language development.

Details of Activity As above

Cost Nil

Group Size Depending on interest

Activity Convenor(s) Teachers of French

Homework Club - Glenroy

Length of Activity All year

Campus Glenroy

Meeting Times Wednesdays (3.10pm – 4.10pm) CAM012

General Description Program designed to assist students to complete homework at school. During this time

students can use computer facilities to complete their homework tasks.

Details of Activity As above

Cost Nil

Group Size Maximum 40

Activity Convenor(s) Mr O'Dowd

Australian Stock Exchange - Schools Share Market Game

Length of Activity Game 1: March – May (10 weeks)

Campus Broadmeadows

Meeting Times One lunchtime per week – see Daily Bulletin for details

General DescriptionThis is an interactive game that introduces students to the exciting nature of the

Australian Share market

Details of ActivityStudents will explore investment opportunities whilst trading online. You will play

individually with \$50,000 to invest. Great prizes to be won!!

Cost Nil

Group Size Individual

Activity Convenor(s) Ms Barton

Co-curricular Program 2022

Student Handbook

Student Services Catch up Club

Length of Activity All year

Campus Glenroy and Broadmeadows

Meeting Times Lunchtime - everyday

General Description This club will offer students the chance to "catch up" on their set learning tasks.

Helpful staff will be available to discuss work and bring students up to with any subject material. This club runs every lunchtime in the Student Services Tutorial Room. An

excellent service for all students.

Details of ActivitySupport to help students keep up with their subject learning tasks (projects, assignments,

homework, especially literacy and numeracy practice.)

Cost Nil

Group Size

Activity Convenor(s) Mr Katsahambas and Mrs Brandon

Mathematics Club - Broadmeadows

Length of Activity All year

Campus Broadmeadows

Meeting Times Students from Years 9 to 12 will be able to access Maths assistance

General Description Students from Years 9 to 12 will be able to access Maths assistance

Details of Activity Staff will be available to give extra assistance and tutoring where required and to guide

students with any Maths work including homework. Students may eat their lunch while

they work.

Cost Nil

Group Size x

Activity Convenor(s) Mrs Johnson

Mathematics Club - Glenroy

Length of Activity All year

Campus Glenroy

Meeting Times Tuesday and Thursday – lunchtime CAM103

General Description Students from Years 7 to 8 will be able to access Maths assistance

Details of Activity Staff will be available to give extra assistance and tutoring where required and to guide

students with any Maths work including homework. Students may eat their lunch while they

work.

Cost Nil

Group Size X

Activity Convenor(s) Mrs Quirconi & Ms Tabone

Anime Clube

Length of Activity Terms 1 - 3

Campus Broadmeadows

Meeting Times Monday afterschool (every fortnight) TBC

General Description General description: Anime club invites students to share their interests and passion for

Japanese animation and manga. At the end of the term, students attend a joint Anime/Scifi night for a movie, games and food. Additionally, the club organises excursions to various

.....

Anime/ pop culture expos.

Details of Activity As above

Cost Nil

Group Size x

Activity Convenor(s) Miss Nguyen

Breakfast Club - Glenroy

Length of Activity 3 Terms

Campus Glenroy

Meeting Times Friday (7.30 – 8.20am) Canteen

General Description Supply of breakfast for 40 students once a week

Details of Activity As above

Cost Donations

Group Size Minimum 10 – Maximum 40

Activity Convenor(s) Ms Nguyen, Mrs Baker, Miss Peters

Breakfast Club - Broadmeadows

Length of Activity All year

Campus Broadmeadows

Meeting Times Before school (7.45 – 8.30 am) – Wednesday

General Description The Breakfast Club is run by student volunteers

Details of Activity Setting up, making sandwiches and cleaning up in Mannes House Kitchen

Cost \$ 1 Ham & Cheese Toasted Sandwich

\$ 1 Hot Chocolate

\$1 Juice \$2 Café Latte

Group Size Min 3 – 4

Activity Convenor(s) Mr Paul, Ms Nguyen, Mr Cottom

Cake Decorating Club

Length of Activity Terms 2 or 3 (1 term only)

Campus Broadmeadows

Meeting Times Lunchtimes / after school (once a week) Foo7

General Description Students will learn different techniques of Cake Decorating

Details of Activity Cake decorating tips & techniques

Cost Nil

Group Size Minimum 5 – Maximum 6

Activity Convenor(s) Ms Mateski & Mr Paul

Accelerated Year 7 & 8 Food Club

Length of Activity All year

Campus Glenroy

Meeting Times Monday & Friday - recess & lunchtime CAM105

General Description For students who would like to extend their practical skills

Details of Activity Practical lessons – cooking at higher end of level 7/8

Cost Approximately \$20-30 per recipe

Group Size Maximum 4 students

Activity Convenor(s) Ms Abboud, Ms Cassino

Co-curricular Program 2022

Student Handbook

Year 12 Study Club

Length of Activity Terms 1, 2 and 3

Campus Broadmeadows

Meeting Times Tuesday – P6 SHoo5

General DescriptionTo provide students with an opportunity to complete class work, revise for SACs or seek

assistance regarding study skills.

Details of Activity As above

Cost Nil

Group Size Approximately 20 students

Activity Convenor(s) Ms Bonavia

Humanities Coaching

Length of Activity All year

Campus Glenroy & Broadmeadows

Meeting Times Lunchtimes

General Description Humanities coaching

Details of ActivityClasses will be run during lunchtimes. Students are able to choose when and what to

attend. There will be specialised classes for Yr. 10 - 12 Humanities subjects, e.g. History, Legal Studies, Business Management: Economics and General Humanities classes for Yrs. 7-9. Staff will be allocated according to their expertise and will be available to assist students in homework, concepts, key terms, research techniques, essay writing, outcome and SAC

preparation.

Cost Nil

Group Size Maximum - 15 students

Activity Convenor(s) Mrs Argyropoulos

VCE & VET IT Masterclass (Folio Club)

Length of Activity All year

Campus Broadmeadows

Meeting Times Tuesday - lunchtimes Loo4

General Description VCE & VET IT students will have an opportunity to catch-up on class work, prepare for SACs

and ask for extra assistance and access advanced tasks

Details of Activity Students will have an opportunity to catch-up on class work, prepare for SACs and ask for

extra assistance.

Cost Nil

Group Size Maximum 10

Activity Convenor(s) Mr Ineson

EAL Homework Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Wednesday (3:10-4:10pm) EAL Room

General Description Extra help for all EAL students in all subjects. Either homework or extended language help.

Details of Activity Held in the EAL room in Student Services building

Cost Nil

Group Size Maximum 28

Activity Convenor(s) Ms Blizzard, Ms Carroll, Mr McBeaty

VCAL Toolkit Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Tuesday and Thursday - lunchtimes

General Description VCAL students have an opportunity to catch up on classwork and ask for extra assistance

Details of Activity As above

Cost Nil

Group Size Maximum 28

Activity Convenor(s) Mr Davis

Physics Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Wednesday – lunchtime TEW001

General Description Staff will be available to give extra assistance and tutoring where required and to guide

students with any Physics work including homework and SACs. Students may eat their

lunch while they work.

Details of Activity As above

Cost Nil

Group Size X

Activity Convenor(s) Mr Roulant

Co-curricular Program 2022

Chemistry Club

Length of Activity All year

Campus Broadmeadows

Meeting TimesMonday – lunchtimeYear 12TEW001

Wednesday – Day 8 - lunchtime Year 11 TEW001

General Description Discussion of concepts in Chemistry and analysis of exam questions

Details of ActivityThis activity will run from the start of term 1 until the end of the Academic year. This activity

gives students a chance to clear up any concepts that they are unsure of and do practice exam questions. Exam questions will be analysed with the aim of better preparing students

for final exams.

Cost Nil

Group Size approx. 11 – Year 12 students / approx. 20 Year 11 students

Activity Convenor(s) Dr Kostraby – Year 12

Dr Kostraby, Ms Hastie – Year 11

Chemistry Basics

Length of Activity All year

Campus Broadmeadows

Meeting Times Thursday – lunchtime TEW002

General Description Chemistry required for Biology students

Details of Activity Students participate in interactive presentations relating to Chemistry principles

Cost Nil

Group Size Maximum 25

Activity Convenor(s) Ms Adams

Co-curricular Program 2022

Psychology Catchup Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Friday - lunchtime SHoo4

General Description Staff will be available to give extra assistance and tutoring and guide students with any

Psychology work including homework and SACs. Students may eat their dunch during the

session.

Details of Activity As above

Cost Nil

Group Size N/A

Activity Convenor(s) Ms Carbone

History Club

Length of Activity All year

Campus Broadmeadows

Meeting Times Tuesday - lunchtime LKE001

General Description History Club is for students that enjoy discussing historical events in a fun way and linking

it up to modern day events

Details of Activity Activities involve discussion and watching historical clips and movies. Plus help required in

Humanities and History subjects

Cost nil

Group Size Maximum 20 students

Activity Convenor(s) Ms Abboud, Ms Cassino

Co-curricular Program 2022

STEM Club

Length of Activity All year – 50 minutes per week

Campus Broadmeadows

Meeting Times Thursday - lunchtime SJW006

General Description STEM-based activities: Science, Technology, Engineering and Mathematics

Details of ActivityStudents design and construct simple and complex robots, animatronics, mechanical

hands/arms, artificial muscles, pneumatics, hydraulics and electronics

Cost free

Group Size Maximum 15 students

Activity Convenor(s) Mr Roulant & Mr Lik Hua Chow

Curious Minds in Science

Length of Activity Terms 1 & 2

Campus Broadmeadows

Meeting Times Monday lunchtime TEW002

General Description Come along and watch and discuss amazing clips about emerging and often controversial

technologies in science. See how real life scientists work and the endless possibilities in

Science. Bring your lunch and an open mind!

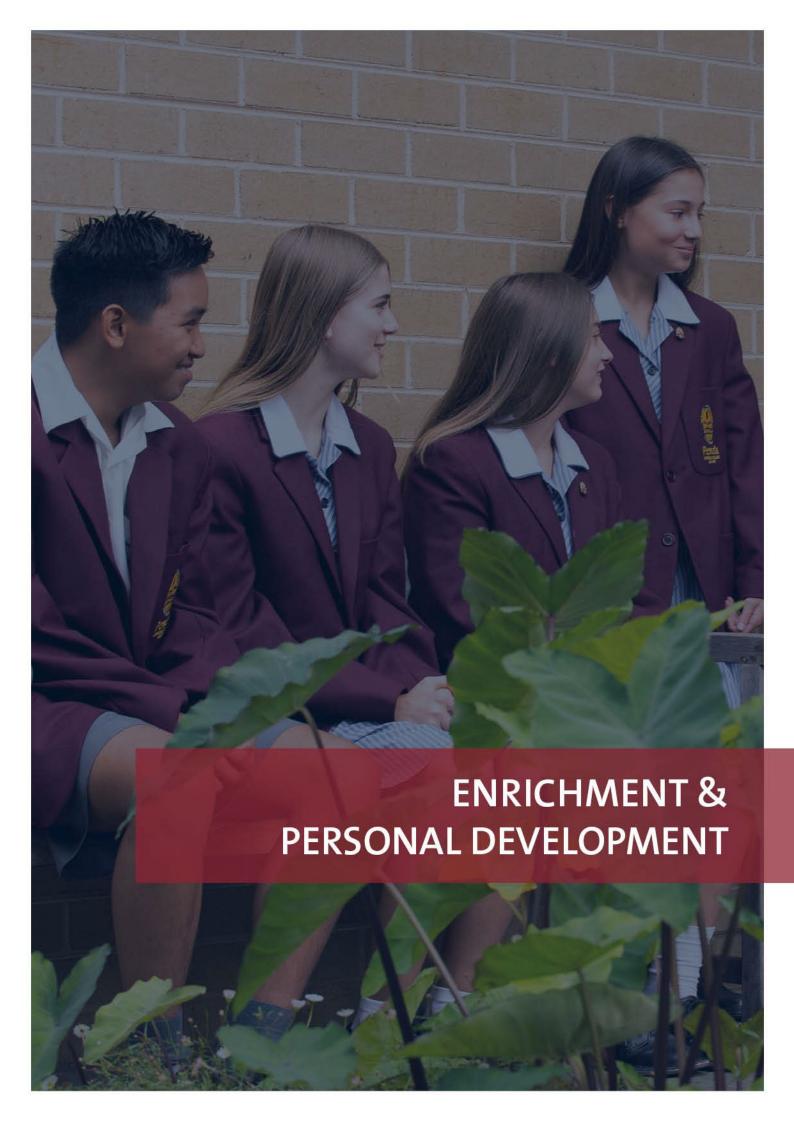
Details of Activity Students participate in interactive presentations relating to genetic engineering, advances

in scientific technology, forensic science and criminology.

Cost nil

Group Size 15 – 25 students

Activity Convenor(s) Mrs Prescott



Sister School Cultural Exchange - Language and Cultural tour of Japan

Length of Activity 18 days. (Offered alternate years. Next trip TBC)

Campus Broadmeadows (Year 10 - 12 students of Japanese & Year 8 2019 Japanese students – of

the previous year)

Meeting Times One per fortnight – Fridays or Mondays at lunchtime (TBA). Students / staff meet regularly

prior to trip to establish relationships, for organisational purposes and to disseminate

information

General Description The purpose of the tour is for students to practise their language skills. They also

experience the Japanese way of life staying with a family, attend school in Japan and learn

about Japanese culture and traditions

Details of Activity One week Homestay

Ten days travelling (Kyoto, Tokyo, Osaka, Hiroshima)

Cost \$4,500 (approximately) depending on accommodation and homestay

Group Size 20 students

Activity Convenor(s) Mrs Favrin & Japanese teachers

Sister School Cultural Exchange – Language and Cultural tour of Italy

Length of Activity Approximately three weeks. (Offered alternate years. Next trip TBC)

Campus Broadmeadows (Years 10 – 12 students of Italian)

Meeting Times Day 10 – lunchtimes for Term 1

General Description Language and cultural trip. Students have the opportunity to sight see, practise language

skills, attend school in Italy and experience life as an Italian teenager during the homestay

program.

Details of Activity Sightseeing around Italy and one week homestay

Cost \$5,300 (approximately)

Group Size Maximum 20 students

Activity Convenor(s) Mrs Favrin & Italian Teachers

Co-curricular Program 2022

Sister School Cultural Exchange - Language and Cultural tour of France

Length of ActivityThree weeks approximately. (Offered every alternate year. Next trip TBC)

Campus Broadmeadows (Years 10 – 12 students of French)

Meeting Times Day 10 – lunchtimes for Term 1

General Description Language and Cultural excursion. Students will experience life in France with a French

family and attend a French school. They will practise language skills and be immersed into the French way of life. Excursions and sightseeing are incorporated into the program

Details of Activity 7 days' homestay

7 - 10 days sightseeing

Cost \$5,300 (approximately)

Group Size 20 students, offered in conjunction with Loyola College

Activity Convenor(s) Mrs Favrin & French Teachers

Sister School Cultural Exchange – Homestay Hosting

Length of Activity 1 – 2 Weeks, depending on sister schools

Campus Broadmeadows

Meeting Times One parent information evening and meetings as required.

General DescriptionTo host students from our sister schools. The next dates for these visits are TBC

To provide visiting students with an experience of family life in Australia and assist

o Istituto Macrelli – Italy (Cesena)o Dokkyo High School – Japan (Tokyo)

o La Salle – France (Avignon)

Details of Activity Homestay hosting. The College will organise some sightseeing excursions, families to

organise weekend activities, meals, transport, accommodation, etc.

Cost Nil (except for provision of meals, etc.)

Group Size One overseas student per one Penola student

Activity Convenor(s) Mrs Favrin & Language Teachers

43

Italy Art Tour

Length of Activity 17 days

Campus Broadmeadows

Meeting Times Thursday lunchtimes (when desired)

General Description Tour of Rome, Florence and Venice

Details of Activity Students explore the art world of Italy. They will visit Rome, Ovieto in Florence and Venice,

completing artistic workshops in all places which will help enhance their skills and techniques. Modern and historic works such as the Vatican and Roma Antica will be

explored.

Cost \$5,000 +

Group Size 6 or more

Activity Convenor(s) Mr Hussey

Classical Studies Tour

Length of Activity Approximately 16 days every second year

Campus Broadmeadows Year 11 and 12 Classical Studies students only

Meeting Times Various evenings and lunch time sessions

General Description Students completing Units 1-4 of Classical Studies are invited to apply to attend a trip to

Greece and Italy to explore the ancient remains of the past.

Details of Activity Students will visit a number of ancient archaeological sites and museums to complement

their study of the ancient world.

Cost \$5,500 - \$6,000

Group Size Minimum 10

Activity Convenor(s) Ms Palma, Mrs Daniele and Mrs Argyropoulos

Seasons for Growth

Length of Activity Terms 3 & 4 only

Campus Glenroy & Broadmeadows

Meeting Times Meeting times will be advised when specific groups are formed.

General Description An education program that looks at the issues of loss and grief and how to deal effectively

with them. It explores issues such as self-esteem, managing feelings, coping strategies

and support networks.

Details of Activity In small groups, the program uses a wide range of activities to help young people learn

how to manage well in times of change.

Cost Nil

Group Size Groups of 5 - 8

Activity Convenor(s) Mrs Bottegal (Glenroy), Broadmeadows TBA

Mother's Day / Father's Day Breakfast

Length of Activity Terms 2 & 3

Campus Broadmeadows

Meeting Times Meeting times will be advised

General Description An opportunity for students to engage in breakfast and an activity with their parent within

the school setting

Details of Activity As above

Cost Nil

Group Size 20 – 30 (students to help cater for breakfast)

Activity Convenor(s) Mrs Xidias

Co-curricular Program 2022

45

The Duke of Edinburgh's International Award

Length of Activity One year commitment

Campus Broadmeadows

Meeting Times Meeting once per week and a commitment towards setting goals and achieving them

General Description The Award equips young people for life and work by developing a range of skills that

enhance their educational and employment opportunities

•Build soft skills such as confidence, leadership, teamwork and resilience

•Enhance your employment opportunities

•Measure and demonstrate soft skills to potential employers

•Meet new people and foster connections with local community

•Enhance your physical and mental wellbeing •An internationally recognized certification

Details of Activity To earn an Award, a young person must

(1) learn a skill

(2) improve their physical well-being

(3) volunteer in their community

(4) experience a team adventure in a new environment

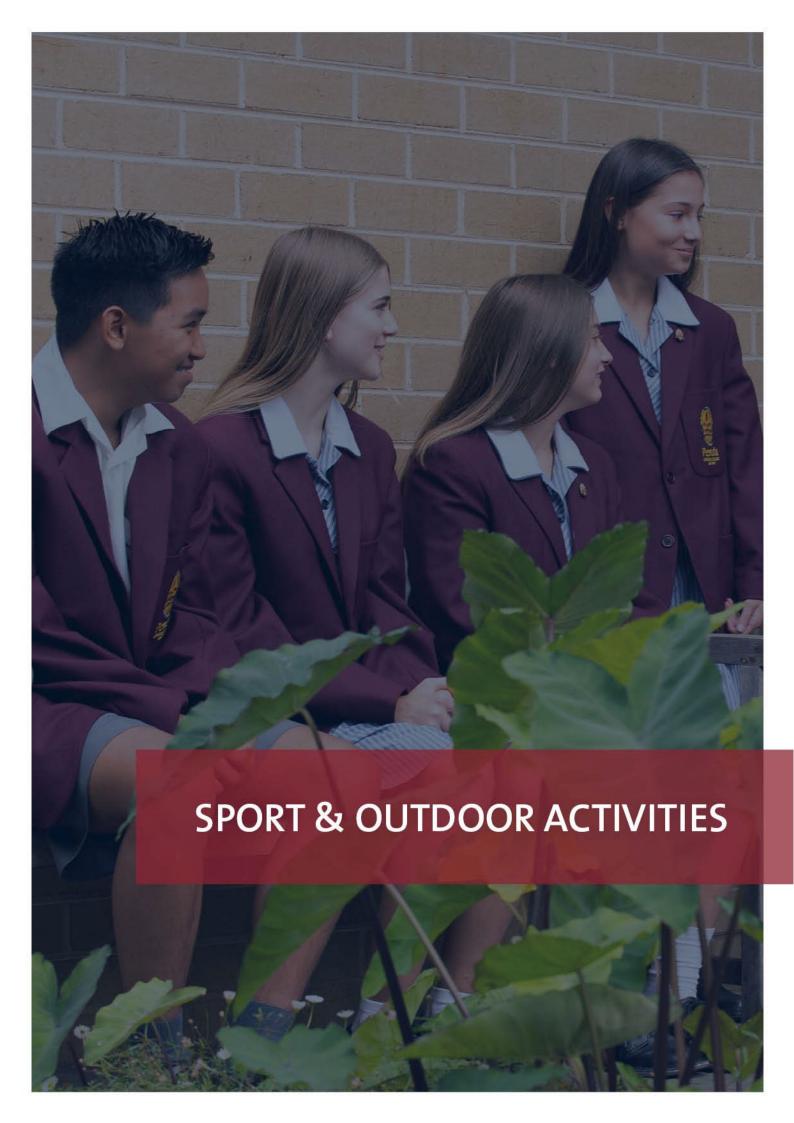
Visit the website; https://dukeofed.com.au/

Cost \$50.00 approx. – depending on the adventurous journey undertaken or other goals and

activities.

Group Size Limited spaces available

Activity Convenor(s) Mrs Fox, Mr Carpenter and the Duke of Edinburgh's International Award Organisation



SACCSS (Sports Association Co-educational Secondary Schools) - Major Carnivals

Length of Activity One day per activity or event.

Campus Broadmeadows & Glenroy

Meeting Times Golf – Swimming – Senior Sports Day – Cross Country –

Girls Footy – Futsal (Intermediate) - Futsal (Senior) - Futsal (Junior)

Senior Soccer - Hockey Chess - Tennis (Junior/Intermediate) - SACCSS Athletics - Senior

Boys Football & Senior Girls Netball - Senior Girls Netball

General Description SACCSS is the association that Penola is a part of for the purpose of inter school sport

competition. The competition is organised by the Principals of the participating schools.

Details of Activity

Cost Nil

Group Size Depending on sport

Activity Convenor(s) Mr Griffin

SACCSS Premier League

Length of Activity Term: 1 Year 10, Term: 2 Year 7, Term: 3 Year 9, Term: 4 Year 8.

Campus Broadmeadows & Glenroy

Meeting Times Lunchtimes and after school

General Description A Round Robin format, students compete during periods 5 and 6 on a nominated day.

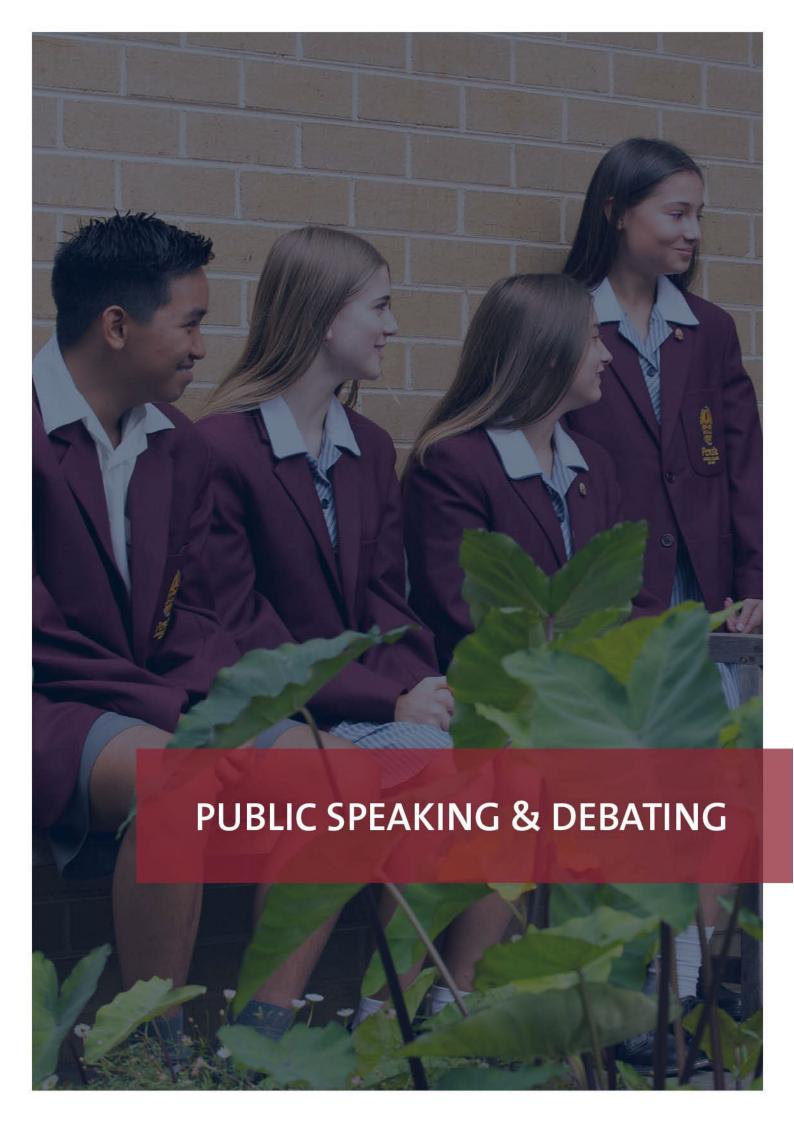
Details of Activity Details will be supplied by the specific coach of each team via the Daily Bulletin.

Cost Nil

Group Size Basketball – max. 10. Football – max. 28. Volleyball - max. 10.

Netball – max. 10. Soccer – max. 15. Cricket – max 12

Activity Convenor(s) Mr Griffin & Mr Bird



Alliance Française Competitions

Length of Activity Terms 2 & 3

Campus Broadmeadows

Meeting Times Lunchtimes

General Description Year 11 and 12 French students will present a topic and engage in a

conversation / discussion in July / August.

Details of Activity Assistance in pronunciation, expression and delivery of the poem.

Cost Nil

Group Size N/A

Activity Convenor(s) Mrs Favrin & French Teachers

Debating

Length of Activity March to August

Campus Broadmeadows

Meeting Times Tuesday - lunchtime SMY004

General Description Debating is a great way for students to improve their communication and

analytical skills. It requires students to work well in a team. It develops self confidence in public presentation and strong education views and at the same time, allows students to

have fun. It provides for inter school competition

Details of ActivityCompetition is run by the Debaters Association of Victoria and requires teams to debate

five times outside of school hours. If they win five debates, they will go on into the final's

competition

Cost Nil

Group Size Minimum 10 – Maximum 15

Activity Convenor(s) Mrs Alberto

Co-curricular Program 2022

50