



CARING FOR CHILDREN TODAY...

www.kadasigaid.com.au

Kadasig
AID AND DEVELOPMENT

BUILDING HOPES FOR TOMORROW

enquiries@kadasigaid.com.au

2026 KADASIG AID and DEVELOPMENT Inc
SEPTEMBER NEWSLETTER
Welcome to the new monthly Kadasig Newsletter

KADASIG FUNDRAISING DINNER

SATURDAY 10 OCTOBER

6.00 PM

MANEY'S DUMPLING - 7/12-16

MCLEANS ROAD, BUNDOORA



...so come and join us

Set Menu

\$40.00 per person

\$28 (under 12)

BYO: wine - \$3 corkage

**Range of drinks available to
purchase**

(Advise Glenys if you have any dietary requirements)

Great Raffle Prizes Available

For Bookings Contact Glenys Gayfer

M: 0411 196 395 E: papel-imports@bigpond.com

This is a pre paid function

Name: Kadasig Aid & Development

BSB: 083 276

A/c No: 822 436 380

Ref: Dinner and your name

A New School Year commences in the Philippines

So, so many families in the Philippines are unable to pay for all the required school supplies which is where our sponsorship program comes into action.

All our sponsored students are provided with their school needs, money for transport where needed, school projects, school uniform and shoes along with basic medical care for the family.

Students at Buhisan Elementary received their school supplies thanks so much to a generous Kadasig donor and friends. Buhisan Elementary is one of many, many schools who operate day and night because of the large number of students.

The night school is for older students, some of whom may work during the day to go to school at night to graduate from high school.

We thank our colleagues in Cebu for all their hard work bringing all this together for our students.



Elementary and Middle School students lining up and receiving supplies

We are still needing laptops/iPads for our college students so please if you can assist with this request, please contact Glenys Gayfer (President).

Glenys Gayfer:

M: 0411 196 395

E: papel-imports@bigpond.com

Educational Sponsorship - Our Graduates

We wish our graduates the very best in following their dreams



Rodel – Bachelor of Mechanical Engineering



Vince – Bachelor of Science in Automotive Servicing

Currently we have 200 students and their families as members of the Kadasig Sponsorship program. Our colleagues – Emely, Eusebio, Marwen, Bebe, Cesar and community leaders do a wonderful job maintaining constant contact with all families, responding to their needs where required. If you have any queries or would like to enquire about sponsorship, please contact our Fay Sinclair (Sponsorship Coordinator).

Fay Sinclair

M: 0425 723 992

E: faysinclair@gmail.com

Medical Assessments of a group of Kadasig Children

Medical Mission: Post Malnutrition Clinic Report - Date 26/05/2026

Malnutrition Clinics were conducted over 2 days, and 30 children were seen by an Australian doctor, Alexander Das and a Registered nurse, Jessica Pinto, with the help of the Papupat Health Team

In the clinic, children were registered, height and weight taken and BMI, established. The nurse then took the history of childhood illness from the parent, fitness level and eating habits of the child. Following the nurse consult, the doctor did a full examination of the child, working through parental concerns and explained the percentile level of the child to the parent.

A handout on feeding and nutrition was given in Bisayan language. The nurse then gave an immediate dose of deworming tablet, multivitamins and any other medications as prescribed by the doctor.

Below are the data found:

- Total number of children seen: **30**
- Total number of boys: **9**
- Total number of girls: **21**
- Total number of children who are above 5th percentile (normal weight): **13**
- Total number of children who are below 5th percentile (malnourished): **16**
- Which consisted of **5** boys and **12** girls
- Children showing significant symptoms of malnutrition: **9**
- Children referred to other specialty for medical conditions: **3**

Some signs of malnutrition are depleted fat and muscle, thin arms and legs with oedema in the belly and face, stunted growth and intellectual development in children, weakness, fatigue and apathy, dry, inelastic skin, rashes and lesions.

In conclusion, 56.7% of children were found to be malnourished. Of which, 52.9% exhibited significant signs of malnutrition. Treatment of multivitamins and deworming were given. Children will be reviewed in 1 month to check progress.

Preliminary Findings - Date 23/07/2026

Of the 16 children with malnutrition, 13 were monitored over the last 2 months. Three children defaulted and did not return for weight measurement and the supply of multivitamins. The 13 children tracked, gained weight from 800gms to 1.4kgs in the last 2 months.

As a follow up to the above report an assessment and discussion is taking place into how increased production of vegetables can play a role. Space is an issue which is why we are looking at planter boxes as an option. Certainly, some families are currently growing vegetables but this needs to be expanded.

Most families have 50sq metres on which to build their house including an area for washing – self and clothes, a septic toilet (sometimes) and to grow a vegetable(s). Another option is to increase the number of families who are willing to have chickens. A family needs to be interested and committed to having chickens so we will support any family that puts their hand up for this program, it isn't for all families.



A chicken coop of a family along with vegetables growing along the front



Families grow a range of vegetables and fruit in a range of spaces

It is time to prepare for Christmas for our families

As it takes quite some time to ship our Balikbayan Boxes to Cebu, we are reminding anybody who wishes to send Christmas gifts to their sponsor child/family to organise things now. If you wish to drop off gifts or contribute for shipping costs, please contact our Aid Coordinator – Juanita Troemml. A contribution of \$10.00 will assist with shipping costs.

Juanita Troemml

M: 0409 514 565

E: jtroemml@bigpond.net.au

Housekeeping and connecting

We hope you have received our Winter newsletter. We have asked everyone to register with Mailchimp if you would like to continue receiving our newsletter. This is due to recent changes in legislation relating to sending out communications. You now need to subscribe and give your permission to receive these communications.

If you have missed this, the Mailchimp link is below: Just click on the link and then follow the prompts.

<http://eepurl.com/dhpwfv>

We are going to transfer to monthly newsletters to have more regular updates and smaller emails.

If you change your address, mobile number or email address please remember to let us know so we can keep our records up to date, we want to keep in contact with you.

Our sincere thanks for supporting our Kadasig children & families.