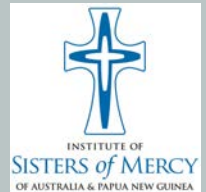




Seville Mercy Centre Presents

SACRED STEPS



Join us for an unforgettable 5-day walking retreat, immersed in the breathtaking beauty of the Far North Queensland rainforests. Sacred Steps offers a unique blend of daily walks, spiritual reflection, and insightful discussions.

**SUN 8 SEPT - FRI 13 SEPT 2024
(5 DAYS/6 NIGHTS)**

COST: \$2499 PER PERSON INC GST

Includes accommodation, all meals, transport and guided walks to key places in the Far North.

Retreat starts at 6pm on Sunday with dinner and finishes at 1.30pm on Friday with lunch.

Participants need to have a reasonable level of fitness.

Registration closes 31 July 2024.

For more information please contact: Priscilla O'Brien (Ministry Development Coordinator)

Email: priscilla@mcauleyministries.org.au

Phone: 07 4047 8103

Retreat is limited to only 15 participants. Participants are welcome to arrive a day or two early, or to stay on afterwards, to enjoy the surroundings and other things that Far North Queensland and the Wet Tropics have to offer.



RETREAT PRESENTER

TERRY POWER

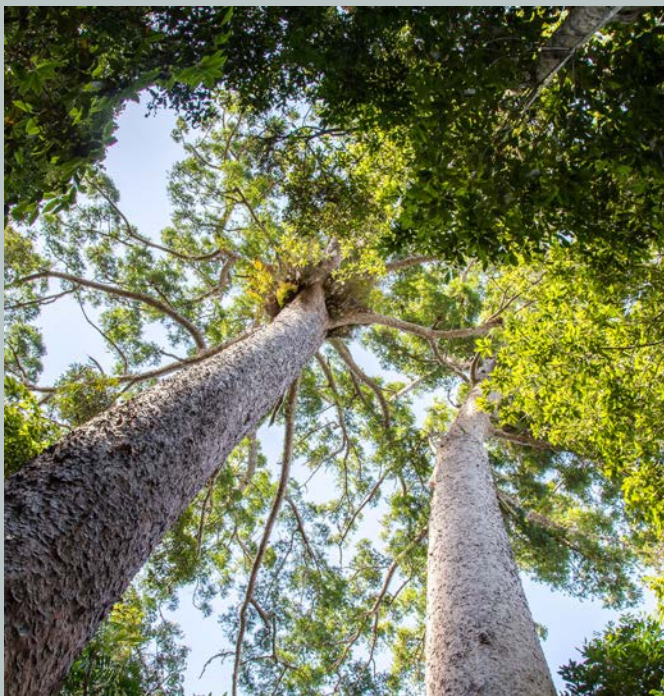
Terry is a Science and Maths teacher and former Assistant Principal Religious Education and Deputy Principal in Mercy Colleges. He has over 35 years of experience facilitating retreats and nurturing spirituality for teenagers and adults, including 6 years as Manager of Formation and Projects at Mercy Ministries Far North Queensland. He is an avid bushwalker and has spent thousands of hours on the trails of the Wet Tropics. Terry's passion for people and nature fuels his personal spirituality. He is also a keen photographer and is often seen walking with his camera in hand!



Retreat Highlights

This integral ecology program, inspired by Pope Francis' Encyclical - *Laudato Si'*, brings together action and contemplation, celebrating the sacredness of creation, and fostering a more harmonious relationship with nature and with God, the creator.

- **Daily Guided Walks:** Explore iconic Wet Tropics destinations including Fitzroy Island, Mossman Gorge in the Daintree National Park, The Atherton Tablelands, Northern Beaches, Glacier Rock Lookout, and Barron River Gorge. Daily walks average Grade 3 (trails may have steep hill sections, rough surfaces and natural steps.)
- **Spiritual Reflection:** Engage in meaningful discussions and guided reflections.
- **Healthy, simple living within Earth's limits:** mindful eating of abundant, fresh, seasonal, local, and ethically sourced meals.



Seville Mercy Centre

A unique facility operated by the Sisters of Mercy, in a tropical setting. Seville is nestled into the foothills of Cairns with a charm that is warm, personal, and relaxing. The Sisters of Mercy have cherished a spirit of hospitality from their origins. As a ministry, the centre continues to offer this gift by providing a warm and welcoming presence, that lives and breathes *Laudato Si'*. Seville is Sustainable Tourism Certified.

"The external deserts in the world are growing, because the internal deserts have become so vast." For this reason, the ecological crisis is also a summons to profound interior conversion. (Pope Francis - Laudato Si 217)

