

TUNING IN TO TEENS



6 session online parenting program for adults with children aged 11 and over.

- ✓ Struggling to connect with your teen?
- ✓ Need strategies to manage big emotions?
- ✓ Wanting support from other parents & mental health professionals?
- ✓ Want help with specific situations happening in YOUR home?

Dates: May 10th, 17th, 24th, 31st, June 7th, 14th.

Location: Online **Time:** 6:00-7:30pm. **Cost:** \$540+GST.

To Book: E: maria@systemicpsychology.com.au **OR**

P: 0428 341 252.

Only 12 spots available! Contact us for other dates.

ANTHONY HURST
Director/Psychologist

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PSYCHOLOGY**
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