

# Free Webinar for parents and school staff

(This webinar has been organised by the student wellbeing team from various Josephite schools across South East of Australia and funded by those schools. Parents from these schools are invited to engage online with this webinar)

## Wednesday 4th August 7:00 – 8:00pm



### Themes covered include:

Active parenting  
**Parent-child relationships /  
conflict resolution**  
Establishing rituals for  
healthy relationships  
**Screen time issues**

Zoom link for this webinar:

<https://uso2web.zoom.us/j/83565413366>



Dr Justin Coulson writes and speaks about parenting and family – because nothing matters more.

Struggling with his own family relationships, Justin returned to full time study in his late twenties where he earned first class honours and a subsequent PhD in Psychology so that he could learn how to be a better husband and father. Now the focus of his life is his family AND helping other families flourish – in that order.

Justin has written 6 books, and is a four-time bestselling author. He is an occasional columnist for the New York Times and appears regularly in all of Australia's major news outlets for television, radio, and print. He's a TEDx speaker and has worked with many of Australia's biggest brands including the Commonwealth Bank, Intel Security, ANZ, IHG, Club Med and many, many more.

He has also served as a consultant to the Australian Government's Raising Children Network, and the Office of the e-Safety Commissioner, Life Education and others.

Justin lives with his wife and their six daughters in Brisbane, Queensland.

