

Yellow Lady Bugs, is an organisation that strives to create greater visibility, better understanding and improving support for autistic girls, together with the Department of Education & Training Victoria, in collaboration with autistic females, parents, teachers, allied health professionals and academic researchers. https://www.yellowladybugs.com.au/

In June, Yellow Lady Bugs is hosting an event on Autistic Girls and Teens- Mental Health and Safety.

Facebook page

https://www.facebook.com/events/455902848992374?acontext=%7B%22event_action_history%22% 3A[%7B%22mechanism%22%3A%22search_results%22%2C%22surface%22%3A%22bookmark%22%7D]%7D

Each topic/session will be aimed at teachers, parents, but importantly also focussed on increasing the confidence of autistic girls and gender diverse individuals at school especially in self advocacy, safety and good mental health.

This is an autistic led conference - with many of the speakers being neurodivergent/autistic.

Conference themes:

- Identifying key mental health risks of autistic girls at school
- Intersectionality between mental health and gender and sexuality
- Supporting neurodivergent parents
- Cyber-safety (including latest technology such as Discord and Tik Tok) covering: the specific risks for autistic girls, an approach for school wellbeing teams and parents to work together to minimise risk and develop intervention strategies.
- A peer-to-peer tween/teen session, with autistic teens and young people presenting covering how to navigate the common challenges autistic girls face at school, including mental health, and also on building a positive autistic identity.

The cost in \$10-65 for the 3 days event. https://www.eventbrite.com.au/e/mental-health-safety-conference-tickets-

149866004253?fbclid=IwAR2x7QjyTunPZ2vIDTuSNBpWdSscWnex4Kts2NxTxb_kuGgHLkLJcUZcL5 8.

Tickets go on sale 30th April.

If you have questions, please do not hesitate to contact Katya Brandon, Head of Student Enhancement.

