



Struggling to study?

Not sure how to revise effectively for exams?

Want to build lifelong learning skills to become a more capable student?

Year 11 is a critical turning point in your educational journey, setting the foundation for your final year of secondary school. To help you get ahead, Dr Luke Rowe and the Equity and Inclusion team at ACU have joined forces to deliver an action-packed 75-minute online session designed to strengthen your learning skills and study habits



Dr Luke Rowe, a researcher in the science of learning, will share evidence-based strategies and personal insights from his own journey as a VCE top one per cent graduate.

- Finding your motivation – uncover your ‘why’ and what drives your success.
- Creating a positive learning environment – how to set up conditions for effective study.
- Beating distractions and procrastination – strategies to stay focused and on track.
- Goal setting – clarifying what you want to achieve and how to get there.
- Understanding feedback – using feedback as a powerful tool for improvement.
- The RIDE Principle – Dr Rowe’s unique four-pillar framework for mastering learning.
- AI and learning – how to harness AI to enhance, not hinder, your studies.

Join us for this exclusive webinar during week two of the July school holidays.

Date:

Monday 14 July 2025

Time:

10 – 11.30am

Who:

Year 11 students only

Register now:

[acu.zoom.us/webinar/register/WN_U4yX4XEDS_zCDLv10J2MTYg](https://acu.zoom.us/join/register/WN_U4yX4XEDS_zCDLv10J2MTYg)



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